



Acton-Boxboro Youth Soccer

Indoor Skills & GK Program – at Teamworks

6-week skills program which focuses on conditioning, speed and skill improvement, PLUS for goalkeepers (either established or new) we are running an exciting goalkeeper program alongside the skills program at the same venue.

The programs are managed and run by Acton & Boxborough's director of coaching Mitch Doherty (Level "B" coach and SAQ® trainer) with licensed GK coach Marcy Ansley delivering the goalkeeper program.

The sessions are all indoor at the TEAMWORKS soccer facility, ACTON on these dates;
All dates are Thursday's

February 18th / 25th
March 4th / 11th / 18th 25th

- 1st - 4th grade skills program (Coed) **TIME 2pm -3pm**
- 1st - 4th grade GK program (Coed) **TIME 2pm -3pm**
- 5th - 8th grade skills program (Coed) **TIME 3pm - 4pm**
- 5th - 8th grade GK program (Coed) **TIME 3pm - 4pm**

REGISTER ONLINE AT THE ABYS WEBSITE – WWW.ABYS.ORG

Skills or GK program COST \$95

